Stability-indicating HPLC method for isoflavones aglycones analysis from *Trifolium* pratense L. extract

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The purpose of this study was to develop and validate a fast HPLC stability-indicating method for simultaneously quantifying the four main isoflavones in *Trifolium pratense*. Validation procedures followed the ICH and FDA requirements for complex matrices. The stability-indicating tests were performed by exposing the isoflavones to conditions of forced degradation and further analysis for verifying the formation of degradation products and their possible interferences in the HPLC analysis. The major isoflavones of *Trifolium pratense* proved to be stable against acid and oxidative media, thermodegradation, and photodegradation. However, they proved to be unstable in alkaline media, even for short periods of exposure like 2h. In this condition, in addition to the peaks corresponding to isoflavones, the HPLC analysis showed the presence of three additional peaks which were eluted at different retention times to the reference substances, without interfering in the quantification of the four analytes of interest, formononetin, biochanin A, daidzein, and genistein. The method was validated following ICH and FDA guidelines showing to be specific, linear, precise, accurate, and robust. This first report concerning a stability-indicating method revealed that the proposed HPLC method reliably quantify the isoflavones and separate them from the degradation products in a short time of analysis.

Keywords: Trifolium pratense, isoflavone aglycones, HPLC, stability-indicating method, validation

Introduction

Trifolium pratense L. (red clover) is a species that contains isoflavones, and its extracts are widely used as phytoestrogens, mainly due to their beneficial effects on climacteric symptoms. In order to expand the range of therapeutic applications, other effects that arouse interest have been investigated, such as antioxidants, anti-tumor, antibacterial, anti-inflammatory, and antifungal. [1–5].

Some methods have been reported to quantify the major isoflavones in *Trifolium pratense* products formononetin (FORMO), biochanin A (BIO), daidzein (DAID) and genistein (GEN) [4,6–11]. Most of these methods use highperformance liquid chromatography (HPLC) to perform the isoflavones quantification taking a long time of analysis (most of them more than 30 min considering the carry-over effect). Moreover, none of these studies consider the possibility of interference of degradation products on the quantification of the analytes.

In this context, this study aimed to develop and validate a fast HPLC stability-indicating method for simultaneously quantifying the four main isoflavones in *Trifolium pratense*, FORMO, BIO, DAID, and GEN. The validation was performed following the ICH and FDA requirements for complex matrices. The stability-indicating tests were carried out by exposing the isoflavones to conditions of forced degradation (stress-induced by alkaline, acid, oxidative, and light exposure conditions) and further HPLC analysis for verifying if the degradation products interfere in the assay of the analytes. The degradation products had their fragmentation patterns determined using mass spectrometry. To the best of our knowledge, these findings are being reported for the first time being original and relevant to their application in both food and pharmaceutical fields.

Material and Methods

Chemical and materials

The isoflavones used as reference substances (standards), biochanin A, daidzein and genistein (\geq 98%, \geq 95% and \geq 98% purity, respectively) were purchased from Cayman Chemical Company (Ann Arbor, MI, EUA); and formononetin (\geq 98% purity) was purchased from Acros Organics (Belgium). Acetonitrile (HPLC grade, Tedia, Fairfield, USA), trifluoracetic acid (Vetec, Brazil) and water purified by a Milli-Q water system (Millipore, Bedford, MA, USA) were used in the HPLC analysis.

Apparatus and analytical conditions

HPLC Analysis

The development and validation of the HPLC method were performed on a Shimadzu HPLC-20A (Kyoto, Japan), consisting of an HPLC-20AT pump, a SIL-20AT autosampler, and a variable wavelength (UV/vis) SPD-M20A detector. The data acquisition and treatment was performed using a Shimadzu HPLC Solution GPC software (Kyoto, Japan). A CLC-ODS (4.6 mm X 25 cm i.d; 5µm) shim-pack column (Shimadzu, Kyoto, Japan) coupled to a C18 precolumn (20 X 3.9 mm i.d; 10mm) (Waters, Milford, MA, USA) were employed. The mobile phase of the proposed chromatographic method consisted of a phase A composed of water acidified with 0.1% of trifluoroacetic acid (TFA) and a phase B composed of acetonitrile. The gradient elution was 30% B (0–2 min), 30–55% B (2–13 min), and 55–30% B (13–19 min), while the flow rate was a gradient of 1.0 mL/min (0–11.7 min), 1.0–0.4 mL/min (11.7–12.2 min), 0.4 mL/min (12.2–13.8 min), 0.4–1.0 mL/min (13.8–14.2 min), and 1.0 mL/min (14.2-19 min). The column was re-equilibrated with 30% phase B for two minutes before the next analysis was initiated. The injection volume was 10 μ L, the analysis temperature was 40°C, and the UV detector was set at wavelength 260 nm.

Mass Spectrometry (MS)

Isoflavone aglycones stability-indicating studies were performed using an I-Class ACQUITY ultra-performance liquid chromatography (UPLC™, Waters, USA) system (Waters, USA) coupled to a quadrupole time-of-flight analyzer (QTOF) (SYNAPT G2 Si, Waters, USA). The UPLC analysis parameters were based on the HPLC analytical conditions, with modifications. An Acquity UPLC HSS T3 column (2.1 \times 10 mm i.d., 1.8 μ m) (Waters, USA) was used. The mobile phase was a formic acid solution 0.1%(v/v) (A), and acetonitrile with formic acid 0.1% (v/v) (B) following a gradient elution program: 0-1 min, 30% B; 1-8 min, from 30% to 60% B; 8-9.5 min, 60% B; 9.5-9.6 min, from 60% B to 30% B: 12 min. stop time. The flow rate was 0.4 mL/min, the injection volume was 0.6 µL and the column temperature was 40°C. A leucine-encephalin solution (1 μ g/mL; acetonitrile:water (50:50, v/v) with formic acid 0.1% (v/v)) was employed as a lock mass solution (554.2615 m/z in ESI- and 556.2771 m/z in ESI+). The data were processed with Mass Lynx 4.1 and Mass fragment 3.0 software (Waters, USA). The analysis was performed in ESI- and ESI+ MSE centroid mode, in TOF mode (Resolving power 20,000). The source conditions were: 2 kV of capillarity; 120°C and 550°C source and desolvation temperatures, respectively; 30 V and 80 V for the sampling cone and source offset, respectively; 50 L/h and 900 L/h of cone and desolvation gases flow, respectively; and 6.5 bar of spray gas flow. Nitrogen was used as a desolvation gas, cone gas, and nebulizer gas. The argon was employed as collision gas at transfer (40 eV) collision cells. A 50-1000 m/z mass range was monitored with a scan time of 0.2 s and an interscan delay of 0.015 s.

Solutions

Stock and reference solutions

Stock isoflavone solutions ($80 \mu g/mL$) FOR, BIO, DAID, and GEN were prepared in acetonitrile by weighing approximately 8 mg of each component into 100 mL calibrated volumetric flasks. Reference solutions were prepared by dilutions of the stock solution with an aqueous solution of 50% (v/v) acetonitrile.

Trifolium pratense extract (matrix)

Trifolium pratense extract was previously obtained by maceration in 40% ethanol at 25°C for 7 days (1:15 w/v). A suitable aliquot (1:5 v/v) was diluted in an aqueous solution

of 50% (v/v) acetonitrile, filtered through a 0.45 μm membrane and analyzed.

Validation of the analytical method

The developed method was validated according to the official validation guidelines [12,13] in a range of 0.5–20 µg/mL for FORMO, BIO, DAID, and GEN. The results were analyzed by Student's t-test and analysis of variance (ANOVA) using a level of significance of α =0.05. The interference of degradation products formed in the stability-indicating tests on the *Trifolium pratense* major isoflavones assay was also evaluated in the validation.

Assessment of the matrix effect

The matrix effect evaluation was performed as described by Watanabe et al. [14] and Yatsu et al. [15] by comparing the slopes of calibration curves of the isoflavone aglycone standards (FOR, BIO, DAID, and GEN) in the solvent and the matrix.

Three analytical curves were obtained on three consecutive days by plotting the peak areas versus the concentration of isoflavone aglycone standards (0.5, 1.0, 4.0, 8.0, 12.0, 16.0, and 20.0 μ g/mL) in acetonitrile 50% (v/v) and the matrix solution. Each concentration level was analyzed in five replicates.

The matrix effect was calculated according to the following equation: ME% = 100 x [1 - (Sm/Ss)], where Sm corresponds to the slope of the standard curves of the isoflavone standards in the mobile phase and Ss is the slopes of the standard curves of the isoflavone standard in the matrix.

Specificity and stability-indicating tests

The specificity of the HPLC method was evaluated by injecting samples containing only the matrix (*Trifolium pratense* extract) and samples containing the matrix added of isoflavone aglycones standard quantities of FORMO, BIO, DAID, and GEN in concentrations of 4 μ g/mL each one. The aglycone isoflavones present in the matrix were identified based on their UV spectra, between 200 and 400 nm, and their retention times compared to the reference substances.

For testing the specificity against cyclodextrins, an amount of approximately 1 mg of hydroxypropyl-beta-cyclodextrin (HP β CD) and beta-cyclodextrin (β CD) was dissolved with an aqueous solution of acetonitrile (50% v/v) in 25 ml volumetric flasks. These samples were placed in an ultrasound bath for 30 minutes, filtered in 0.45 μ m membrane and injected in HPLC equipment.

The specificity of the HPLC method against the degradation of products from stability-indicating tests was also evaluated. The stock solutions of standards were also submitted to the forced degradation conditions shown in Table 1.

All samples were compared to a control solution of the analytes (FORMO, BIO, DAID, and GEN) at a concentration of 16 μ g/mL (diluted in an aqueous solution of acetonitrile 50% v/v), protected from light. The analysis was carried out in triplicate, and the purity of the peak was determined using

a PDA detector. Mass spectrometry analysis was performed for the degradation products after forced degradation.

Table 1. Conditions of forced degradation tests for theisoflavones of *Trifolium pratense*.

Reagents	Temperature (°C)	Time points (hrs)	
1M HCl	25	2; 24	
1M NaOH	25	2; 24	
H ₂ O ₂ 1.5%	25	2; 24	
H ₂ O ₂ 15%	25	2; 24	
-	80	12; 24	
UVC ^a	25	24; 48	
	Reagents 1M HCl 1M NaOH H2O2 1.5% H2O2 15% - UVCa	Reagents Temperature (°C) 1M HCl 25 1M NaOH 25 H2O2 1.5% 25 H2O2 15% 25 - 80 UVC ^a 25	

^a UVC Light Express LE, 245 nm, 30W

Linearity, precision and accuracy

The linearity of the method was evaluated by regression analysis using the least square method. Three calibration curves were obtained by performing dilutions from the reference isoflavone stock solution on three consecutive days. The plot of the peak area versus the reference aglycone isoflavone concentration, diluted in 50% (v/v) acetonitrile, was performed. The linearity of the method was given in the following concentrations: 0.5, 1.0, 4.0, 8.0, 12.0, 16.0 and $20.0 \mu g/mL$ for the reference aglycones and 0.5, 1.0, 2.0, 4.0, 6.0, 8.0, and 10.0 $\mu g/mL$ in matrices. For each level of concentration, samples were taken in six replicates. The limits of detection (LOD) and quantification (LOQ) of the method were calculated based on the standard deviation of the intercept and slope of the reference curves.

The intra-day precision, which evaluates the repeatability of the results, was determined in three concentration levels: low, medium, and high (1.0, 4.0, and 8.0 μ g/mL, respectively) in the presence of the matrix. Six analyses were performed for each concentration within the same day and under the same experimental conditions. The intermediate precision (inter-day precision) was obtained by calculating the same concentration levels on three different days. The standard deviation and the relative standard deviation (RSD) were calculated for each of these levels. To assess the accuracy of the method, isoflavone aglycone standard was added at three different amounts/levels (1.0, 4.0 and 8.0 μ g/mL) to the matrix. For each concentration level, six replicates were performed and quantified. Accuracy was determined mathematically through the equation:

$$RE\% = rac{mean\ calculated\ concentration - theoretical\ value}{(theoretical\ value)x100}$$

System suitability

The suitability test of the analytical system was performed to determine whether the method was suitable for the proposed analysis. The parameters evaluated were the retention time, peak area, plates, tailing factor, and resolution between the FORMO, BIO, DAID, and GEN peaks. Each parameter was analyzed in six replicates.

Robustness

Robustness was assessed according to the Plackett-Burmann design method, as described by Vander Heyden et al [16]. The factors analyzed for the matrix. which were modified to low (-1) and high (+1) levels, were: furnace temperature of the column (39; 41°C), acetonitrile concentration in the mobile phase (29; 31%), initial flow rate (0.9; 1.1 mL/min) and TFA concentration (0.08; 0.12%). The variation of these four factors were combined in eight experiments and the responses evaluated were the percentages of aglycone isoflavones (FORMO, BIO, DAID, and GEN) in the matrix compared to the standard solutions. The effect of each parameter was calculated by summing the responses of the low and high levels, allowing the statistical interpretation ($t_{calculated} > t_{critical}$) of the similarity or difference of the results. There was no need for further testing since all isoflavone standard aglycones and matrixes were maintained under the same experimental conditions. A plot of semi-normal probability was also plotted to estimate the experimental error and significant effects from the effects in combination with the dummy factors.

Stability of the aglycones in the matrix

The stability of the isoflavones in the matrix added with known amounts of isoflavone standards was determined after 48 h of storage at room temperature. The stability of these solutions was assessed by analyzing any change in the chromatographic profile compared to freshly prepared solutions.

Method application

The determination of FORMO, BIO, DAID, and GEN in a Trifolium pratense extract (TPE) was performed as described in the section matrix solution. Brief, an isoflavone-enriched fraction (IEF) was obtained by evaporation of a Trifolium pratense macerate, resulting in a dry fraction. This dry fraction was dissolved in a mixture of acetonitrile:water (1:1) to obtain 0.01 % w/v solution. This solution was filtered through 0.45 µm membrane (PTFE) and analyzed by HPLC. The determination of the aglycone isoflavones was further evaluated in a complex of the *Trifolium pratense* extract with β -cyclodextrin (TPE: β CD). Spray drying method was employed for complexation, adding β CD (40% w/w) to the extract of *Trifolium pratense* (matrix). Approximately 1 mg of this spray-dried powder was dissolved in a mixture of acetonitrile:water (1:1) to obtain a 0.01% w/v solution. The solution was filtered through a 0.45 µm membrane (PTFE) and analyzed by HPLC.

Results and discussion

Many efforts for quantifying the isoflavones in *Trifolium pratense* raw material or derivatives products have been made in the last years generating several reports on HPLC analytical methods [7,8,10,11,17]. Despite that, some limitations remain. One of these is a long time of the analysis

In this work, a new HPLC chromatographic method is proposed, which is faster than the methods previously reported, to determine the matrix effect and to identify and separate the *Trifolium pratense* aglycone isoflavones from the degradation products that are formed by degradation in the forced stability tests.

HPLC method development and advantages

The previous HPLC analytical methods are focused on separating the major isoflavones to quantifying them in different Trifolium pratense extracts [6-8,10,11,17]. However, these methods still require better performance such as lower elution time and the selectivity against the presence of products from forced degradation. Thus, in the present work, the method reported by Ramos et al. [7] was applied in order to separate the peak corresponding to the product formed in the alkaline degradation (NaOH 1M, 2h) from that corresponding to BIO. However, the peak corresponding to the degradation product showed similar retention time as FORMO and the HPLC-PDA analysis demonstrated that their UV spectra (PDA) were different (Fig. 1). This results demonstrated that the alkaline degradation of BIO produces a degradation product that interferes with the FORMO quantification, revealing the need to change the conditions of the HPLC analysis for separating them.

Thus, the stability-indicating method performed in the present work revealed the need to separate FORMO from the degradation product named DB for the reliable quantitation of FORMO; several chromatographic conditions were then tested. The best separation system for the analytes was achieved with a gradient method using acetonitrile (30% v/v) and acidified water (0.1% v/v TFA), which improved the symmetry of the peaks. To improve the resolution among the peaks, it was necessary to use a flow gradient at the retention time where their separation was critical (11.7-14.2 min). The UV detection was set at 260 nm since all the aglycones isoflavones of interest have good absorption at this wavelength [18].

Figure 2 shows a representative chromatogram of the *Trifolium pratense* extract added with the alkaline degradation product of BIO. Adequate separation of the peaks of all the analytes of interest (FORMO, BIO, DAID, and GEN) can be observed, as well the presence of the other peaks from the plant material and in relation to the BIO degradation peak (Table 2).

The total time of analysis of the proposed method was determined as being the eluate time plus the time necessary for cleaning the column before the next run. The method show 21 min of analysis time, which is shorter than the time analysis of more than 40 min. reported by most of the methods (8, 10, 11 and 17). The carry-over effect was evaluated by analyzing white samples after the injection of samples with high concentrations of the analytes, and any peak in the chromatogram was observed. The method here proposed was characterized by absence of carry-over effect becomes the method here reported advantageous on the method reported by Ramos et al. [7], which present a run time of 18 minutes, but requires additional 18 minutes for cleaning the column and rebalance the system at each analysis end.



Figure 1. HPLC-DAD chromatograms obtained by the HPLC method reported by Ramos et al. [7]: (a) FORMO standard 5.0 µg/mL; (b) BIO standard 5.0 µg/mL; (c) BIO after alkaline degradation (1M NaOH, 24h). (F) the peak of FORMO (UV spectrum 248, 300 nm); (B) BIO peak (UV spectrum 260, 328 nm); (DB) peak of the alkaline degradation of BIO (UV spectrum 245, 286 nm).



Figure 2. Representative chromatogram of *Trifolium pratense* extract, added of the BIO alkaline degradation product, DB (NaOH 1M 24h), where: (1) DAID, (2) GEN, (3) FORMO, (4) BIO.

Table 2. HPLC data and molecular ion $[M+H]^+$ acquired by MS analysis (UPLC-QTOF/HDMS) of the major *Trifolium pratense* isoflavone aglycones.

Compound	Chemical Structure	Retention Time	Plates	Tailing Factor	Resolution	[M+1] ⁺
DAID	HOULDO	7.53	14039.765	1.039	-	255
GEN	HO CH O CH	10.39	39279.582	1.118	12.349	271
FORMO	HO C C C C C C C C C C C C C C C C C C C	14.10	36476.301	0.903	2.762	269
BIO	HO O O O O O O O O O O O O O O O O O O	17.58	77971.943	1.094	12.721	285

HPLC analysis: CLC-ODS (4.6 mm X 25 cm i.d; 5μm) shim-pack column (Shimadzu, Kyoto, Japan) coupled to a C18 pre-column (20 X 3.9 mm i.d; 10mm); mobile phase A composed of water acidified with 0.1% of trifluoroacetic acid (TFA) and a phase B composed of acetonitrile; gradient elution was 30% B (0–2 min), 30–55% B (2–13 min), 55–30% B (13–19 min); flow rate was a gradient of 1.0 mL/min (0–11.7 min), 1.0–0.4 mL/min (11.7–12.2 min), 0.4 mL/min (12.2–13.8 min), 0.4–1.0 mL/min (13.8–14.2 min), 1.0 mL/min (14.2–19 min); injection volume was 10 μL; analysis temperature 40°C and UV detector (260 nm).

Validation of the HPLC method

Assessment of the matrix effect

When the analyte is incorporated into a complex matrix compared to a standard or reference solution, the matrix effect on the analyte quantification is a critical parameter that should be evaluated during the validation of an analytical method. This effect can result in suppression or enhancement of the response, which may impair the correct quantification of analytes [15]. The results for the matrix effect (ME% <2.24) for each aglycone isoflavone are shown in Table 3. These data indicate that the samples show a low matrix effect (ME%) for the determination of isoflavones when analyzed according to as recommended by Niessen et al. [19] (low matrix effect for a range between -20% < C% < 20%).

Specificity

The chromatographic separation (HPLC) of isoflavone aglycones (standards) at 260 nm showed retention times of 7.49, 10.42, 14.13 and 17.49 min for DAID, GEN, FORMO, and BIO, respectively (Fig. 3A). The λ max spectra corresponding to each peak are shown in figure 3B (HPLC-DAD); the mass spectrum with the characteristic molecular ions is shown in Figure 3C, which is consistent with those already reported for this type of molecules [8,15,18].

Table 3. Linearity data of the isoflavone aglycones (standards) and matrix effect in *Trifolium pratense* extract in the HPLC method.

Matrix	Compound	Equation	R ²	LOD (µg/mL)	LOQ (µg/mL)	ME (%)
Reference substances	DAID	y = 56170x + 1646,3	0.9999	0.053	0.159	-
	GEN	y = 65422x + 2531,7	0.9996	0.099	0.299	-
	FORMO	y = 75562x - 973,55	0.9990	0.151	0.458	-
	BIO	y = 65256x - 1638,6	0.9998	0.062	0.188	-
Trifolium pratense extract	DAID	y = 55844x + 1666,4	0.9997	0.043	0.131	-0.58
	GEN	y = 66412x - 710,24	0.9994	0.058	0.175	1.49
	FORMO	y = 77297x - 2480,9	0.9999	0.029	0.087	2.24
	BIO	y = 64033x + 354,54	0.9992	0.067	0.204	-1.91

R²=determination coefficient; LOD=limit of detection; LOQ=limit of quantitation; ME=matrix effect.



Figure 3. Analysis of isoflavone aglycones (1) DAID, (2) GEN, (3) FORMO, and (4) BIO by (a) HPLC tested method; (b) UV spectra; (c) MS/MS spectra measured in positive mode (ESI+).

To evaluate the specificity of the HPLC method, samples of *Trifolium pratense* extract and cyclodextrins were injected in the equipment and the purity of the peaks was checked. Figure 4a shows that all isoflavone peaks exhibit high purity (Fig. 4a) demonstrating the absence on interferences of the other extract matrix constituents as well as the of the tested cyclodextrins (which did not show any signal in the chromatogram). A sample of the cyclodextrin-extract spraydried powder was also evaluated, and the purity of all the

analytes was verified, denoting that there was no interference on the four isoflavones quantification.

These data represent critical information for developing of analytical methods as part of a validation protocol and produce valuable information for investigation of degradation products. A well planned and executed forced degradation study provides a representative sample for developing a stability-indicating HPLC method [20].



Figure 4. Representative chromatographic profiles obtained in the specificity assay for the: (a) *Trifolium pratense* and its reference isoflavones and the absence of interference of cyclodextrins in the chromatographic analysis, where, IAE: isoflavone aglycones extract, HP β CD: hydroxypropyl-beta cyclodextrin, β CD: beta-cyclodextrin; (b) alkaline degradations products from FORMO, BIO, and DAID, were, ADF: peak from alkaline degradation of formononetin, ADB: alkaline degradation of biochanin A, ADD: alkaline degradation of daidzein. Peak 1 = daidzein, Peak 2 = genistein Peak 3 = formononetin and Peak 4 = biochanin A.

However, there is no consensus as to how much stress is required to undertake this type of study. Some pharmaceutical scientists suggest degradations between 5 and 20% as being reasonable for the validation of chromatographic assays [20–22]. It is also not necessary for forced degradation to result in a degradation product, but in this study, we performed a screening at different levels of stress (variation of exposure time and variation in the concentration of degradation product formation of both at low and slightly higher levels of stress.

Even in the most extreme conditions tested, all the aglycone isoflavones (FORMO, BIO, DAID, and GEN) presented a degradation percentage below 20% (RSD <3.7%) for thermal, acid and oxidative degradation. On the other hand, in the condition of photolysis, FORMO presented degradation higher than 30% (RSD 4.5%) for both times of exposure (24h, 48h). The forced degradation study revealed that the tested isoflavones gradually degraded in alkaline medium, showing significant variation after 2h of stress. After 24h of exposure to the alkaline medium, degradation of 98.01% of FORMO (RSD 3.6%), 93.19% of BIO (RSD 3.6%), 79.97% of DAID (RSD 3.00%), and 66.33% GEN (RSD 1.9%).

However, only three new peaks corresponding to the degradation products of FORMO, BIO, and DAID could be observed in the HPLC method (Fig 4B), D1, D2, and D3 which showed retention times of 16.2, 13.5 and 9.4 min, respectively. All degradation products showed good separation from the other peaks of the reference substances and even of the matrix, resulting in a very good resolution (>2.0). The maximum UV spectra of the principal degraded peaks showed $\lambda max: 245/281$ nm for D1, $\lambda max: 245/286$ nm for D2 and $\lambda max: 281/304$ nm for D3.

The stability tests associated with the UPLC-QTOF/HDMS analysis is a new and relevant tool for determining the fragmentation pattern and the chemical structures of the main degradation products. Thus, to increase knowledge of the identity of degradation products of FORMO, BIO, DAID and GEN and to confirm the purity of the aglycone isoflavones, they were analyzed by mass spectrometry (UPLC-QTOF/HDMS), after stress. In this system, the retention times of the peaks were 4.54 (FORMO), 6.21 (BIO), 2.16 (DAID) and 3.37 min (GEN) for the reference isoflavones and 5.6, 4.5 and 2.9 min for the degradation

products D1, D2, and D3, respectively. We obtained for D1 the precursor [M-H] - the ion m/z 257 and as products the ions 224 and 109 m/z, which have similarities to those described by Yatsu et al. in 2014 [15] for O-desmethylangolensin.

The proposed molecular formula and the corresponding fragmentation ions are shown in Table 4 for the three alkaline degradation products (1M NaOH). However, more studies are necessary to enlighten their chemical structure.

Linearity, precision and accuracy

The linearity of the response between the peak areas and isoflavone concentrations is presented in Table 3. It was obtained through reference analytical curves determined in three different days, demonstrating good linearity through the analysis of determination coefficients (>0.999) for all compounds within the tested range. The graphic analysis of the residuals and the confidence interval observed in the t-test in the intercepts reveal the absence of constant systematic error. The ANOVA test for regression residue analysis did not show any deviation in the linearity in the analyzed concentration range, and there was no significant variation between the curves on different days (p>0.05). The results of LOD and LOQ (table 3) show that the method presents good sensitivity for the analyzed standards.

The precision of the method was assessed by determining the repeatability and intermediate precision of the isoflavone aglycone reference in the matrix. Even being a complex matrix, the results (RSD <5%) demonstrate that the method is precise. Intra-day precision data showed a relative standard deviation (RSD) value of 0.47-4.58% for the lowest concentration level, between 0.33-2.38% for the average level and between 0.33-2.17% for the highest level. The inter-day precision data had an RSD value between 1.58-3.79% for the lowest-level tests, between 0.53-1.95% for the medium level and between 0.68-1.63% for the highest level of concentration.

The accuracy of the method was determined using a recovery test. The recovery results were 97.03–104.04% for the low level, 98.84–100.17% for the mean level, and 99.14–100.35%, which is considered adequate according to the validation guidelines.

Table 4. Schematic representation of ion mass spectra (MS) of isoflavone degradation products in alkaline media (1M NaOH) and proposed molecular formula.

Degradation product	Precursor	[M-H]-	[M-H]+	Neutral Monoisotopic mass		Δ (ppm)*	Molecular formula ^a
				Determined	Theoretical		
D1	FORMO	257.0819	259.0971	258.0895	258.0892	1.16	C15H14O4
D2	BIO	273.0764	275.0923	274.0844	274.0841	0.91	C15H14O5
D3	DAID	243.0659	245.0806	244.0733	244.0736	-1.43	C14H12O4

*mass error ppm a obtained from isotopic pattern



Robustness Analysis

Figure 5. Bar charts representing the t-calculated for quantitative determination (assay) of the investigated factors (1,2,3, and 4) in Plackett-Burman experimental design and their t-critical, represented by the vertical line, for each isoflavone in the matrix (*Trifolium pratense* extract).

Robustness

Robustness is critical to assess if the analytical method developed can remain unaffected to small, deliberate variations in the method parameters and consequently ensures that the method is reliable during routine use of analyses [12,23]. The Plackett-Burman screening design was used as statistical tool for robustness assessment since several factors can be analyzed simultaneously with a reduced number of experiments [24].

From the experimental design, the percentage of FORMO, BIO, DAID, and GEN in the samples was calculated in relation to the reference solutions for each experiment. The results show that there was no difference of significance for all the analyses (Fig. 5), where the calculated t values were lower than the critical t ($\alpha = 0.05$). Therefore, the deliberate variations in the experimental conditions did not interfere with the percentage of aglycone isoflavones, demonstrating the robustness of the proposed analytical method.

System suitability

Routine analysis of the reference substances was performed under the developed experimental conditions and the following values and their variability (RSD %) for each compound were evaluated: (I) DAID analysis: 7.49 (0.08) min for migration time, 6943.63 (1.21) for plates, and 0.998 (1.15) for tailing factor; (II) GEN analysis: 10.42 (0.03) min for migration time, plates 12104.80 (1.61), and tailing factor 0.962 (0.95); (III) FORMO analysis: 14.13 (0.04) min for migration time, 12516.68 (4.23) for plates, and 0.730 (0.42) for tailing factor; (IV) BIO analysis: 17.49 (0.05) min for migration time, 33186.34 (1.72) for plates, and 0.948 (0.57) for the tailing factor. The resolution between DAID and GEN peaks was 7.92 (0.64), GEN and FORMO peaks was 8.39 (1.49) and 7.55 (1.10) between FORMO and BIO. The parameters indicate that the system is suitable for the analysis.

Stability of the aglycones isoflavones in the matrix

In the study evaluating the stability of the isoflavones in the matrix, they demonstrated no need to change their concentration in the matrix after 48h storage at room temperature (RSD <5.0%).

The variation in the values of the isoflavones concentration in the matrix, after this period, were found to be between 99.25 and 103.91% (RSD 1.94%) for FORMO, 99.68 to 103.16% (RSD 1.63%) for BIO, between 98.31 to 103.46% (RSD 2.32%) for DAID and between 98.24 to 104.77% (RSD 2.68%) for GEN.

Method applications

For verifying the applicability of the method, samples of products derived from *Trifolium pratense* were tested. The content of isoflavone aglycones present in *Trifolium pratense* extract (TPE), an isoflavone-enriched fraction (IEF), and an extract of *Trifolium pratense* associated to β CD (TPE: β CD) was determined. The results (Table 5) indicate the accuracy of the method in all samples, where the RSD was less than 3.26% in the test for TPE, 3.21% for IEF and 4.24 for TPE: β CD.

Table 5. Applicability of the HPLC validated method: determination of the isoflavone aglycones in different matrices.

	Concentration in µg/mL (RSD %) mean of six replicates				
	TPE	IEF	ΤΡΕ: βCD		
FORMO	69.19 (3.26)	147.94 (3.21)	59.12 (4.24)		
BIO	79.63 (0.64)	207.57 (1.52)	44.03 (2.78)		
DAID	2.75 (2.87)	1.39 (2.77)	0.60 (1.35)		
GEN	7.04 (2.54)	9.31 (3.88)	1.86 (2.90)		
Total isoflavones	158.61 (1.34)	372.46 (2.54)	105.61 (0.88)		

TPE: *Trifolium pratense* extract; IEF: (isoflavone-enriched fraction) and TPE: β CD: *Trifolium pratense* extract complexed with β -cyclodextrin.

Conclusions

This is the first report on a validated stability-indicating HPLC method capable of quantifying the four isoflavones from *Trifolium pratense*, formononetin, biochanin A, genistein, and daidzein. The method is fast and selective against the other extract constituents, and the degradation products generated in alkaline forced conditions. The method showed robustness, low matrix effect, linearity, precision, and accuracy. The UPLC-QTOF/HDMS fragmentation pattern and a molecular formula of three degradation products from forced degradation were determined. In summary, the proposed stability-indicating HPLC validated method allows the simultaneous quantification of the four isoflavones of *Trifolium pratense* in a fast and reliable way, which is useful for application in food or pharmaceutical fields.

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Conflict of interest

The authors declare no conflicts of interest.

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