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# Anais

**APPLICABILITY OF THE FIRST BRAZILIAN VERSION OF THE STAGES OF CHANGE FOR CONDOM USE.** Silva EM , Redding CA , Carvalhal A , Pechansky F . Departamento de Psiquiatria - Grupo de Pesquisa em Álcool e Drogas . HCPA.

As a part of a larger project focusing on the validation and evaluation of the Stages of Change for Condom Use, the present study was designed to analyze the applicability of the first Brazilian version in a sample of individuals with varying ages, gender, professions, education and income. The goal was to assess the scale's ability to discriminate between different stages related to the sample's readiness to use condoms consistently, based on Prochaska and DiClemente's stages of change model. After the translation and cross-cultural adaptation, the Brazilian version of the scale was administered to a convenience sample of 60 diverse individuals. The mean age of the sample was 28( $\pm 11$ , 9), and 47% were males. 51.7 % of the individuals of this sample were in the Maintenance Stage, 23.3% in Precontemplation, 18.3% in Contemplation and 6.7 % in Preparation for action. No individuals in the Action stage were found in this sample. Differences in readiness to use condoms varied by whether or not the participant was in a steady relationship, such that those in steady relationships were less likely to use condoms consistently. The findings suggest that the first Brazilian version of the scale discriminates meaningfully between most of the stages. These findings are comparable to the stage distributions found in other English-speaking samples. The next step will be to validate these findings against a gold standard (clinical interview), to ascertain the concurrent validity of the scale in a future, more powerful study.